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A THOUSAND-PETALLED GARLAND AND OTHER POEMS

K L CHOWDHURY

A Writers Workshop Redbird Book

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Dr. K L Chowdhury **Profile**

Born on 7th March, 1941 in Srinagar, Kashmir, India

Graduated in Medicine from Panjab University in 1962 and post-graduated from Delhi University in 1966.

Married Dr. Leela Chogtu in 1966

Joined Medical College, Srinagar as a faculty member and rose to be a Professor of Medicine.

Completed a Fellowship in Neurology at London and pioneered the teaching and research in Neurology, developing it as a subspecialty in the Medical College.

Was forced to leave Kashmir 1990 when the wild fires of terrorism engulfed the valley; made Jammu his second home.

Deeply moved by the health trauma of fellow refugees and the alarming rise in the incidence of various diseases he held numerous medical camps for them and started the charitable Shriya Bhat Mission Hospital and Research Center.

Has published papers on various medical topics in national and international journals, but is widely known for his pioneering work on the health trauma of the Kashmiri refugees and is credited with drawing the attention of the world to this tragedy. He coined new syndromes like 'Stress Diabetes' and the 'Psychological syndromes' in the exiled population, and highlighted the adverse effects of stress, environmental and lifestyle changes on a displaced population.

Writes regularly on various subjects - medical and scientific, social-cultural and political.

Published a volume of verse, "Of Gods, Men and Militants" in 2000. A highly acclaimed anthology, this book takes the reader into the vortex of militant violence in Kashmir, resulting in the forced exodus of Kashmiri Pandits from the valley. It speaks about their travails in exile, their struggle for identity, their endeavors at self-discovery, their dreams and aspirations, their cry for roots and their ongoing debate with the gods whom they left behind and who they are now trying to re-create in exile.

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ACKNOWLEDGEMENT

I am grateful to my uncle, Prof. Triloki Nath Raina of NDA, Kharakvasla, Pune and my friend, Prof. Kulbhushan Raina of Jammu University for having gone through the manuscript separately and offering valuable suggestions.

DEDICATION

PART ONE

To Leela, the source and the inspiration

PART TWO

To the memory of my father, Pandit Jia Lal, of Boyseb Chogtu, Mohanji, Krishnaji, Chuni Masi, Jigri, Nathseb and numerous other victims of cancer and to those who share their pain

PART THREE

To my fellow exiles from the valley of Kashmir

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Who may my reader be?

That my work may sell a million copies or be a best seller is not my desire, nor that it be a prize collection to adorn the drawing rooms everywhere, nor that it be stacked in the dark labyrinths of libraries, eating the dust and moth of time there, nor that it become a topic of dreary discussion in restaurants and coffee houses for the tired intellectual or the bored lover, nor that it be gifted to people who shuffle through its pages and toss it away, to be read hardly ever.

Even if it be a solitary reader whose heart beats in unison with mine as he travels from one page to another, who takes it all in - each word, each line, each stanza - as I give it to him, my love's labor, I covet that single reader.

PART ONE

ADORATION

Like a mountain stream
is my love,
eternal in its course.
it may swell or shrink
but neither swerves nor stops
unless dammed.
And then it backlogs,
only to brim over
in so many streams,
to keep its tryst

Dream

I saw her in a dream
that lingered for some time
in the twilight between waking and sleeping,
waiting for me to hold it in my palm.
I closed my fist on the dream
lest it slip away.
My fist will not open
till the night descends
and I dream her dream again

Often as children
we tied a knot in our handkerchief
to capture a star
and would not let it go
till we got our wish.
I have again trapped a star
and will hold it captive
till she materialises for me.

Spring is here

A pair of bulbuls on the *gulmohar** huddled close together, cooing in each other's ear;

a bunch of chirping sparrows flitting from one tree to another, looking for a nesting site somewhere;

a couple of rosebuds raring to unfold and scatter, their secret and precious treasure;

a grand dad away in a distant land craving to hear the dulcet chatter, divine music to his ear.

and a lover, a song on the lips and heart aflutter frisking to be near.

*gulmohar - an ubiquitous tropical tree of the Indian plains.

Retinal images

I open my eyes on her first thing in the morn to capture her for the day, else distortions mar the images, the doves hide in the groves, the butterflies turn into smudges, and the flowers shy away.

I close my eyes on her when I retire at the end of the day to capture her for the night, else the phantoms of darkness stalk my sleep, and sweet dreams turn into nightmares.

I must open my eyes on my love and keep her there all through the day, I must shut my love in my eyes and take her with me all through the night.

Taking you in

Oft do I upbraid myself for not having taken you in fully when you had been with me.

Now when you are away you materialise everywhere all times of the day, emerging like a mermaid from the vast sea of memories, breaking yourself into rainbow colours from the tear drops of my reveries, flowing like a gurgling brook alongside life's journeys, wafting fragrance into the garden like the gentle spring breeze.

You move with me the whole day like my own shadow, and, after the day's toil, creep silently by my side to rest your soothing palms on my tired eyes.

Then you filter my repose of terrors and nightmares and lull me to sleep with a lullaby as you become the plectrum that gently plays on the strings of my soul, and the music that flows is your symphony.

No, I could not have taken you lightly when you had been with me.

Sacred space

How can someone else bear the name that sends my heart aflutter, the name that can belong only to her?

That name conjures the image that embellishes for ever the matrix of my soul, the image that none can ever replace.

Her name embodies her whole self, her sights, smells, and sounds her traits, tastes and tenderness, her velleity, her vision.

A rose is a rose is a rose, let no other flower be called a rose nor no rose bear a name other than rose no matter what the bard may say.

When uttered, her name, like a mantra, throws up a space, her reverent space, that allows no infringement that bears no encroachment.

I carry that sacred space with me wherever I be for there she reigns, my supreme deity.

Love tree

The heart is full of pining watching the *gulmohar* that can no longer hold its secret. Burnished by the blazing sun it pours itself out in a riot of red blossoms

Love blushes into so many flames offering an inspirational skyscape across my bedroom window.

Battered by the hot wind the red flowers fall so many martyrs scattering themselves at the altar of love. Even in death they cover the shame of the brown and black patches on my arid lawn below.

The birds of love coo in delight and play their amorous games in the canopy of this tree. They evoke, in this languid season, the blissful memory of many a secret rendezvous.

The yearning mounts as the awareness grows as to whence the flaming red blossoms stole that cool and soothing touch, the perfect foil to the ferocious sun and the birds that melody, the anodyne for the aching heart.

How long do I wait, my love on the lonely road of this long summer?

The magic of distance

No longer do I stomp home and enter, with shoes on, in unthinking defiance, despoiling sacred space.
I stop short at the portal, take off my shoes and enter with a devotee's barefooted reverence even when you are not there watching me.

No longer do I rush to the computer, when my work is done, to take flight in cyberspace because you are not there waiting to be with me. I prefer to shut myself with my muse and take refuge in your sublime presence within me.

No longer, in leisure time, am I eager for the twin feat of a brisk walk and a visit to the temple, leaving you behind because you can not keep pace with me. I rather embark on an odyssey cloistered with you in the sanctum of my heart, my supreme deity.

The more distant you may seem, the stronger your presence, and the nearer to you I manage to be. For distance does generate an acute awareness of you, and obedience too.

Quintessential love

When she shied away from me she most wanted me to be near, and nearer than could be.

When she denied me a kiss she would like it to be much more than a mere formality.

When perchance I spied her in the act of changing her dress she seized the towel to hide her shame that I may unravel, sooner than I would dare or her eyes could see.

Now, when she is no longer with me and I am left to myself she knows it is the surest way of having me to herself entirely.

Surrender

How is it, I ask myself, that in your absence now I find myself in a state of compliance, doing exactly as you ordained when you had been here.

Why would I match your bidding with reckless defiance in your presence and gloat over my nonchalance, while now, when you are away, like a repentant devotee, I try everything to propitiate thee, even as I know you desire none of my amends, nor entreaty.

For don't you already know that it was sham insolence trying your patience, that it was my childish impudence in doing exactly the opposite of what you wished me to?

My total surrender now to your erstwhile bidding may make no sense except a small recompense to my guilty conscience.

Metaphor of the soul

The fingers ache to pierce cyberspace, to send thoughts that have been bouncing back, to package the idiom of the soul, to open the breast *Hanuman-like**, that my heart I may lay bare, for you to discover your own self woven into each strand and fibre.

^{*}Hanuman - the monkey god in the Hindu pantheon who had the images of lord Rama and his consort, Sita etched in his heart

Alter ego

When she serenades me with Maneka's* charm, when the darts of Kama** strike my sleeping heart, when my subliminal self is transfixed by a seductive hold, when she proxies to land into my unconscious embrace, when my nightly cantillations are smothered with passionate grace, when my meditation is sullied by amorous advance, when her trespass into dreams burst my passion's dams, I wake up with a sense of infidelity, in a maelstrom of guilt, but soon to realise that it is not a dreamy aberration, this transmutation of the object of my supreme devotion, but her alter ego, and my alter love.

^{*}Maneka - a celestial fairy

^{**}Kama - the god of desire

Something in her

Unlike the gravitational pull that dims with distance she draws me closer the further she moves from me.

There is something in her, more than the natural laws can explain, that guides all my actions, my uncontrollable heartbeat, the ebb and flow of emotions, the content of my dreams, my conscious thinking streams.

Like a surrogate
I live her life in me,
having mortgaged my whole being
at the altar of my love,
transposing my soul with her
like the genie of Arabian nights.

A decade of matrimony

What's it that makes marriage click and grow from strength to strength to arrive at the ten year milestone?

Not the peace that one buys with selfless service and the other demands with over-lordship, nor the harmony which prevails when one orders and the other unquestioningly obeys, nor the joy which one gets giving all the time and the other merely receiving, nor the quietude that descends where life is mechanical and the voice of argument still; but the deferential acknowledgement of each other an acceptance - grooves ridges and all an adjustment, but not a compromise, to fit the grooves and ridges into each other like a hormone to its receptor.

Sacred trust -1

When she left
I made it a point not to forget
feeding the derelict bitch
who craved our attention;
scattering grain to the birds
every morning without fail
and filling the pitcher of water
for them to wash and drink;
tending the garden
and watering the plants
and not let them wither away.

But instead of lunging at the plate the bitch looks at me with liquid eyes, wags her tail ever so lustily and in a rush of devotion opens her bosom for me to stroke.

And when I am about to wake up, and before I scatter the grain, the nightingale regales me with his song, the bulbul twitters atop the tree, the sparrow flits past me in joy, and the mynah taps at my window to bring her tidings to me.

And when I go into the garden to tend the plants, the jasmine bursts its bosom to spray incense in my tracks, the ivies unfurl their tendrils to curl round me in sweet embrace, my path turns saffron with the pollen shower, and the roses lean gently toward me whispering her secrets to me

I believed she had left them as a sacred trust to me but I discover that it is me she has left as a trust with the beast, the bird and the flower.

Sacred Trust - 2

It was the call of duty, it was the call of love, as she journeyed again across the oceans with pain still raw, a strangled heart, a bruised knee, an unsure step, to take charge of our grandchild out there, crying out for care.

For a change it was not the infant god carried across the *Yamuna** in spate who opened the path in a miracle when his tiny feet touched the water. It was *Yasoda*** who crossed the seas to accept the sacred trust, to foster the divine kid.

And, no sooner she took charge, miracles happened again, as time was held on leash, the long journey became a stroll, the jet lag turned into a laugh, the pain left at the infant's first touch, the knee steadied once again and the heart got unstrung.

Who is in whose trust, I wonder, between the infant and his ailing grandmother.

*Yamuna - a north Indian River

**Yasoda - the foster mother of the Hindu god, Krishna,

who was delivered to her care soon after his birth to escape execution by his
maternal uncle.



A Thousand-petalled garland

When I wished to make you a garland you would not let me pluck flowers - fresh, fragrant, of diverse colours - for you desired these to stay where they belong on the trees, dancing in the breeze, luring the butterflies, beckoning the honeybees.

Yet a garland I fain would offer as an emblem of my devotion but knew not of what essence, of what substance, that would be worthy of your form, that you would accept with grace.

My quest led me back in time when, as little children, we would joyfully gather the fall from the almond blossoms and weave them into wreaths as offerings to deities

I waited patiently for spring's arrival. I walked in the almond grooves watching the buds grow fatter. I held my breath in wonder as the pink-white blossoms started to appear. Then I prayed Zephyrus to blow some petals over and, before the early riser trampled on them, or the morning sun caused them to wither. I carried a slender needle and a thread of the finest silk. Picking them virgin from the ground, petal by petal, I threaded them together, in an entire morning of weaving a thousand-petalled garland, embellished with your thousand names, each petal bearing my signature, for you, my beloved of a thousand attributes.

A moment frozen in time

The phone cut off at the fag end of the call that had lasted nearly an hour and was almost over except for the adieus and byes.

Yet the feeling remained of an incompleteness, a half taste, a draft without a signature, a task unfinished, thirst unquenched, hunger insatiate when, by some accident, the last morsel drops from the plate.

Each side tried to reconnect, to speak those parting words, those affectionate good byes but the phones wouldn't click.

Even as the re-dial button was pushed repeatedly without avail the feeling crescendoed, of a breath suspended in the middle, the last line of a sonnet longing for rhyme, a moment frozen in time

Victory

In the checkered course of our lives that we traveled together oft did we argue, and bitterly too, yet, made up each time, to emerge the friendlier.

Unique were the battles
we fought with each other,
with all the tools we could muster,
our positions to bolster,
yet neither came the loser
for we would never falter
in our love
nor our deference
for each other.

Now this round threatens to prolong and run into a stalemate, with not an inch to move along, on your side, or mine, for the tools have been thrown away, while cold hostility and a menacing indifference hold the battle's sway.

Lest we get frozen into back-to-back attitudes of cold war and détente, why not be face to face again, to fight this war to the end, to its logical outcome, to yet another victory for both of us?

No mean devotee

I admit having hurt you and caused you wrong in so many ways. Pray do not mistake this waywardness for mean insolence.

You are no ordinary mortal, I know, but a gift of the gods, born of your parental vows and fasts, of so many acts of piety and penance, of numerous wish-knots tied at *Kshir Bhavani** and *Baba Rishi***,

And are we not united by that divine force they call destiny, bound to each other from life to life?

While I may have nothing to show in my defense, no words, no great deeds, no arguments, yet if you accept any testimony to my adoration, here is a heart that beats to your moods, a mind incandescent with your thoughts, a conscience inundated in your essence, a spirit that soars in your presence.

I grant, you are no ordinary deity, but I too am no mean devotee.

^{*}Kshir Bhavani - incarnation of goddess Durga at Tullamula in Kashmir **Baba Rishi - a pious saint buried near Gulmarg, Kashmir

The examined life

How much of this world do we observe in depth, how much escapes the mortal eye? The oceans, the hills, the mountain vales, the earth, the plants, the infinite sky?

How often do we pause and ponder at the insect, the flower and the butterfly, or fathom the meaning in the haunting notes of the bird perched high?

How much do we care to know each other beyond the moles, the warts, the colour of the eye, the hopes and fears, the longings and desires, the mind's sweep that we can't spy?

Between the two of us, my love, there is so much to live by, to learn, to unravel, to share, so much, my love, between you and I.

When she is not here

When she is not here, my life, what a dreary affair!

There is no change in the day's routine yet every thing I undertake bears a flaw, the fault of the absence of that unseen mark that she leaves in all I do. There is an inner emptiness and an outer vacuum, and I hover between the two.

I am a downy feather floating without purpose in sultry weather, a marble in the river's bed where water has ceased to flow, a fish from the ocean deep sighing helplessly in an aquarium, a wingless bird in airless space neither able to sing nor fly.

Then she materializes everywhere

Then she materialises everywhere -

In my sleep when I turn fitfully she is there to reassure me, her palm on my palm, the touch of balm, that gives my repose a fresh lease sending me back into reveries.

At the break of dawn her unstruck voice joins mine in the invocation to the rising sun: 'Om bhoor bhuvasa..'* and I carry that sweet music , wherever I go as the days mantra.

In my workplace, she is there by my side, moving unseen through the vicissitudes, transforming the humdrum routine into a pleasant fare.

In my leisure hour
I find her there,
walking by my side
as I go out for a stroll,
and talking to me
at the dinner table,
watching the TV
sitting on the settee with me,
and again there to put me to bed
reciting the day's events to me,
singing them in a lullaby.

Time and distance melt away as she materialises everywhere I seek her.

^{*&#}x27;Om bhoor bhuvasa..' - The sacred Gayetrei mantra invoked in Hindu prayers.

Seeking your cosmic wholeness

Often do I seek you in so many ways in colours and fragrances, and in peoples and places; frequenting your favourite haunts for the foot prints you left behind; soliciting the plant, the bush, the tree for the mantras you breathed into them; quizzing the birds that came to your window for the secrets you shared with them; listening to the ragas* you so much loved to fathom the music of your soul; searching for features in your brothers and sisters, the sharp nose, the audacious chin, the serene smile, the sparkle in the eye; rifling through your prized books for the lines that strike a familiar chord: watching the clouds in the sky to catch the shapes you wove in them; visiting the temples of your chosen deities for the devotional streak so unique to you.

I gather a bit here, a bit there yet it leads me nowhere near, till I seek you in my inward eye and there you materialise in your cosmic wholeness.

^{*}ragas - musical compositions

Your voice

Whenever you call from that distance it is like a wish fulfilled to scale the lofty mountain peaks, to run wild in the glades, to sit hand-in-hand together, under the cool *Chinar* shades.

Through that voice I see the *Dal's* ripples in the morning breeze, and feel the *Vitasta* flowing past me under the bridge across the *Tawi*, and hear the *Lidder* flowing down singing her song of eternity.

Your voice comes through the interminable maze of the highways and byways of memory till I hear my own first cry when I was born to the valley.

The hairs grow grey and sparse with the years the skin taints and wrinkles with time the back bends and bows with age the hearing impairs, the sight obscures, but your voice always comes back to me in its pristine purity unchanged by time and distance like the primal sound, to bring me today tomorrow's memory

Chinar - the state tree in Kashmir

Dal - the famous fresh water lake in Srinagar, Kashmir

Vitasta - a river cutting across the valley of Kashmir

Tawi, - a river in Jammu

Lidder - a mountain stream in Pahalgam, Kashmir

Aging together

How does it feel, my love, moving together into the golden autumn of our lives and to the very end of the journey?

Like yesterday or like an eternity?

Like knowing so little of each other or having imbibed so much as not to be able to tell one from the other?

Like admitting it could not have been better or wanting to undo it all to re-mould it to our hearts' desire?

Like groaning under the burden of regret that we ever met or thanking blessed providence to have thrown us together?

Like wanting to give it a fitting finale here in this life or carrying on the vows from here to the hereafter?

.

Flower behind the boulder

Often do we recall how chance threw us together, two strangers who seemed to know so much of each other in the very first hour.

It did seem, when we first met, that we were made for each other through a cycle of rebirths, yet it was the days that followed, month after month, year after year that were to unravel more and more of each other.

The human mind often mirrors the essence of a person in the very first encounter, yet, having spent a lifetime together, there springs a surprise now and then, a new shade, a new color like you suddenly discover a nevus, a mole or a freckle in your armpit or your shoulder.

It is these little unknown bits of each other that are the secret and spice of life, like, having cherished your garden day in and day out, you suddenly discover a unique flower, springing from a bush, or hidden behind a boulder.

The essence of life together, between you and I, my love, is to ignore the sour and the bitter and to look for that flower which is always there, hidden behind the boulder

Love is no monopoly

Sometimes when you seek me most ardently and find me engrossed with others oh how you despair!
You wonder am I am sincere do I care, when, in fact, where ever I be, you are always there.

Know you not that it is only the abundance of my love for you that, like pearls, I so joyfully scatter for others to gather? That the more I give of it the more it grows between you and me, and the more I am able to share.

How then can you be such a selfish deity?
How can you raise that invisible wall that I bang my head against every time I want to be near, and dig that wide moat around you that I can not wade across and enter and build that impregnable fort where you retreat - so cold, so remote - a statue in a dark corner?

Was it not you that taught me that love is free of all shackles and fetters, that it respects no boundary and knows no terms and conditions, that love is not a monopoly and love for a solitary god can only be an anomaly.

Know it then that like the expanding universe love grows from that point in you. Verily, it is only there that it will return.

A spring sunset

An invisible force splits the cloud and a silvery sea of light cascades down in a gigantic arc. Shining daggers slicing gently through splash rainbow colors in the east to set the earth ablaze.

A million deft hands darn a fiery pink braid, in the hem of the dark princess. Lightning trails weave a golden mosaic in her robe, shimmering into shades of delight..

A cool luminous point diffuses into a red ball tearing the dark veil over it in a big bang of thunder to force from your lips the mantra, 'om bhoor bhuva sa..' * as the universe is born again.

^{* &#}x27;om bhoor bhuva sa..' the Gietrei mantra chanted with the sunrise and sunset

Eyes

Eyes, language unto themselves that no vocabulary can ever match, no Shakespeare, Kalidasa or Homer put down in prose or verse, no artist draw or paint, no sculptor elaborate in bronze or stone.

When eyes meet eyes, words, phrases, philosophy and all dissolve in a wink.

It is in the eyes where you find the plaints of a tender heart, it is they that reveal the innermost thoughts of the mind, and it is them that mirror the sprouting of first love.

And it is eyes that gently lower when modest and coy, that smile at you in joy, that kindle with the vision of heaven, that shut in peace, that turn inwards in bliss.

Yet it is eyes that betray and beguile, that enslave and ensnare, that burn and tear, that hurt, that pierce, that kill.

Look into eyes, delve deep into their depths, seek the quiet language of eyes.

PART TWO

TESTAMENT

Pain, like fire, consumes.
Like fire it purifies.
And like fire it sublimates.

Each one of us
has to go through
the fire test of pain our own
or of a near and dear one.

Pain

The phantom stalks all the time, now lurking in the shadows, now only in the mind, now seizing hold - inflicting itself on me with unerring constancy.

With its invisible armory it pierces and bores, crushes and grinds, saws and hammers, cuts and tears, burns and sears, and delivers lightning bolts, any place of its choosing, now forewarning, now catching me unawares.

There is neither fire nor smoke, no visible wounds, no lacerations, no tears, no letting of blood, no gore, yet my ship staggers, and sinks little by little as it is struck again and again, now on the larboard, now the starboard, now from the stern to the stem, now the mast and the helm.

I twist and turn, roll and fold up, and shift positions sit, squat and half-squat, on my haunches, on my buttocks, and on my hands and feet for the elusive reprieve.

I try to stand and walk away from the pain, and from myself, only to stagger, as it gets the better of me and hurls me down. Crumpled, I sink into another abyss of pain.

No feelings remain, only the tantalizing pain
No thoughts remain, only the mind-transfixing pain.
No ambitions remain, only of fighting the pain - remorseless pain that draws each action and emotion, each breath and heart beat, each cry and wail, into the black hole of pain - to harass and to embarrass, to brutalize and to demoralize, to humble and to humiliate, to defile and to denigrate.

I fight my pain with pills, suppositories and syrups, capsules, patches and injections. But, the pain, in its timelessness, returns with a vengeance, to bite me again and again.

And the pain has the last laugh, as it itself proves the only anodyne, to usher in that twilight state where pain becomes the cause and the effect, and the raison d'être, of living and dying.

Battle ground

My body is the *Kurukhestra**. They are fighting a righteous war - the warriors on my side, my doctors, my family, my friends – arrayed bravely against the enemy sounding their bugles, their weapons drawn out.

My surgeons, with their deft strokes, carve my tissues away where the fiend has burrowed his way. The radiotherapists, armed as they are with lethal rays of all denominations, under a scorched earth strategy, bombard his tracks to burn him out. And the oncologists, ever ready for the chemical warfare, infuse into my vessels alkaloids, antibiotics and vaccines, to snuff him out from holes and bunkers where the fugitive may hide and survive and conspire to strike again.

They prompt me to fight back, to shore up my defenses, to marshal my immunity, to invoke the humors and hormones, the messengers and mediators.

They initiate me into yoga, and urge conscious imagination, fervent prayer and meditation, to propitiate the gods, to help me fight the *asura* who seeks new abodes in my body in his manifold incarnations.

And when I tire and despair that great *Charioteer* reminds me of my *Karma*, exhorting me to uphold my *Dharma*, to fight this righteous war,

and, either to win and savor the ecstasy of victory, or to fall a martyr and enter heaven for ever.

Charioteer – lord Krishna

^{*}Kurukhestra - the battle-field of the epic war Mahabharta

^{*}Asura - demon

^{*}Karma – destined action

^{*}Dharma – righteous duty

Make-believe

My distraught family and friends humour me into believing that I am improving every day. I humour them back that I disbelieve not what they want me to believe, even as I suffer more and more, even as I fade day by day.

In this make-believe I start believing what they want me to believe, against their own belief.

But it is not long before the next round of pain that takes an effort to conceal, that makes me bite my hands and lips, that makes me wince, wail and squeal..

Then I plead with them, and with myself, to stop the make-believe!

At Peace

Can I have a day off therapies, of infusions and injections, of blood-letting and tests, of x-rays and scans, of numerous queries from doctors, friends and busybodies?

Can the mind be free even while the body suffers?

Can I have some time alone, face to face with my fell disease, to sort things out between us, to be at peace with each other?

Can I dream of a dreamless sleep, of a peep at the dawn, of hearing the cock's crow, and the twitter of the birds before I sing the farewell song?

I have not looked at a rainbow for long.

Reconcilement

We are all getting used to my slowly fading away as we all know me and my family that it is a malignancy that vice-like holds me.

While we wait impatiently for the dénouement they suffer my pain quietly and gratefully I suffer their indulgence.

My children from different climes will soon depart to get on with their lives, reconciled that all that could be done has been done.

I too am reconciled that they are reconciled but I know not how to take into confidence my garden that misses my walk, my books that I am too feeble to read, my dairy that I have not entered for long, my home which I will quit soon to make place for whom?

How do I reconcile them all to depart in peace?

Paying the debt

My son abroad wants to be with me in my final hours, to ferry me across the last lap of my journey.

But there is a job crunch in America since the 9/11 tragedy and he can avail a limited break, two weeks or at the most three.

He will be sought here to perform that last ceremony and put to flame my funeral pyre, a cross that a Hindu son has to bear.

He could be here now to watch over my dying but I may hang on much longer than he can afford, and beyond the time of his return journey.

He would rather wait till I am ripe and ready but who can tell him with any degree of certainty as to when that will be.

He has sounded his boss that he may have to fly at a short notice, but fifteen days is what he has got, at the most twenty.

He speaks to me on the phone, regularly, to figure out for himself.
'Papa, when you need me I am ready.
Say yes and I will be there.'
But I change my tone,
from pain to bonhomie,
and leave him guessing.
I will not let his job in jeopardy
however much, in my death throes,
I would wish him to be with me.

I fear his presence by my side may give me a fresh lease and prolong his agony. Isn't it me who pushed him to that country?

Oh how I think of him when awake, how I dream of him in sleep, how I call his name when, in delirium, I rant and rave! Yet, I have the comfort of the thought that he will make it and lend his shoulder to my mortal remains, or gather my ashes while they are yet warm, or take them in an earthen pot, for their final immersion in the river, to flag me off to my final voyage.

That is how he will discharge his debt, while I am discharging mine now by dodging his journey to this place when I need him most.

Dying for deliverance

How I am dying to meet you, faithless lover, how you spurn me and make me cry!

How you force yourself upon others, unwilling and unguarded partners - embryos in wombs with the first spark of life, innocent infants and dreamy youth, the middle-aged in the midst of their earthly duties, and the old craving to live a little longer - when there is me, dying to embrace thee?

My ears are cocked to hear your footsteps, the eyes unblinking seeking your visage, the breath held in anticipation and the heart aching with the tedium of waiting. Every time I sense you near you give me the slip and pass me bye.

How long can you escape me when all life has to end in thee as all the rivers end in the sea?

Why tarry then and give me the throes, why serenade me and play hide and seek, why stalk a willing prey only to spare the effort to gobble it up?

Verily, one day, your game will be up and like a beggar, you will return knocking at my door. Alas! I may not be in a state then to receive you as royally as I do now!.

Give me a kiss happily then, take me in your arms ere it is late, and while there still is this urgency, this dying wish to meet with you.

Sacrosanct

Not being able to bear the full burden of your joy whenever it came your way, you would never demur to pass it on to me.

But now, when you are dizzy with the pangs of agony you guard it, oh, how zealously!

Can I forgive myself for ignorance about your pain? Can I forgive you, my dear, for refusing to share it with me?

Oh how you wear the mask of those beguiling smiles, how you scatter the pearls of your affected laughter, how you put on that peaceful visage while your anguish grows within you!

And with each passing day how stingy you become, how selfish, and how possessive of your pain, that you refuse to part with even a thought of it, while it consumes you so, to make you sublime!

That you hold on to your pride to bear it alone with such equanimity may be your victory.

That you ever believe that what has steeled you would break me so easily as to compound your pain, alas, is my tragedy!

(For my brother, Robin)

Gratitude

Pray do not torment your mind with the burden of gratitude for the time I spend with you or the little service that is in my share to render

It is me who am indebted for the trust and confidence you repose in me, as you painfully plod to the fiery end of your journey.

Not easily does one get a chance to be near, or to extend a helping hand, to a Titan facing the hour of his reckoning with such courage and fortitude.

To share a bit of your pain, to live some of your suffering, to feel a whiff of your agony, to get singed while you smolder. to wince while you groan, to brave the shadow of *Mahakala** while he waits on you is the fire test for me and my expiation.

No, my dear, it is me, beholden for your indulgence, not you, whose suffering humbles and purifies. and makes my life sublime.

^{*} Mahakala - the lord of Time/Death

Denouement

And then there was nothing, no pain, no feelings, no pangs of conscience, no fears, no desires, no thoughts whatsoever.

The seven Chakras* froze the Kundalini* sapped the Shasradalkamal* faded away and all consciousness snapped as the clock stopped and Mahakala* took over.

The contortions of the face leveled, the taut muscles relaxed, the limbs fell limp by the side, the twisted torso straightened out, the bellows collapsed the pump stopped the eyes glazed, the warmth evaporated and all colour faded

A pale handsome visage remained, washed of all tarnishes and taints, in cold and stony repose, ever grateful for the deliverance and ready for the pyre, for the final test of fire.

The soul soared away waiting to don a new garb to begin life all over again.

^{*}Chakra - plexus or a confluence of nerves/ energy

^{*}Kundalini – the hidden serpent power coiled in the spinal column that ascends through the Chakras to Shasradalkamal

^{*}Shasradalkamal – literally the lotus of one thousand petals, the place in the crown of head., to where the ascent of Kundalini leads to Turiya or the super-conscious state *Mahakala – the lord of Time

To eternity

My son,
he did come.
He would not let anyone down,
not me,
not himself.
He took the first flight
when he received the phone call
he was waiting for.
It had to be got over with,
this last duty
of a dutiful son.

When we depart from our loving ones do we know whether we meet again, when, where and in what state?

What a unique reunion this, we both eagerly looked forward to, on the cremation ground!

Oh how poignantly
he gathered me in his hands!
What a solemn feeling for him,
how blissful for me!
Carefully he secured me in the earthen urn,
like a treasure,
and with what resignation he surrendered me
to the swirling bosom
of the holy confluence
of the Ganges, the Jamuna
and the invisible Swarasati!

My soul will wander no more for my first-born son has blazed a path for me, to eternity?

PART THREE

EXILE

If I die in exile think this of me that there is a corner out there in Kashmir that was for ever my abode where my soul will come to rest.

Keys

Even after a decade in exile
I hang, from my girdle, this bunch of keys, keys that I carried with me
when I was forced to flee,
keys to my home,
keys to my relics, my diary, my library,
keys that opened the sanctum
where my gods reside,
all the keys
except the keys to my new destination.

I keep wandering in exile, carrying these keys like an albatross.

I know the locks to these keys have been forced open or broken, and all they guarded taken away, my little possessions squandered, my secrets laid bare, the books consigned to flames or sold worth their weight as trash, the prayer room desecrated, the gods defiled.

These keys that I carry with me are rusted with disuse but I do not throw them away . I rub them softly, gently, like Aladdin's lamp, and all my treasures materialize. They help me unlock the memories of yesteryears.

The new millenium

The neighbor's truck honked me out of sleep and the millenium dawn broke today like any other dawn.

The sky, the earth and the hills stood in their places as before and the morning daily brought the news ever so faithfully of so many terrorist strikes, scams, kickbacks and violent deaths. Yet the phone kept ringing, each time a spirited greeting, while I forgot to scatter the grain till the birds came pecking at my window pane.

Pray what is this furore all about, this bonhomie, the media hype, the noise and frenzy and last night's revelry when my faucet is waterless as before, the power shut off for the day and the thought so scary of the bumpy commute to my work, in the bus overflowing with jostling humanity along roads, pot-holed and dirty.

And why this fear that grips everyone the panic about the millenium bug going to turn the world topsy-turvy, and some computer glitch about to stop the march of humanity? Does it matter to me, the millenium that faded away or the millennium that begins today when it is all a part of eternity, of Time without a beginning or end, Time that we partition artificially into a year, a decade, a century?

Are there candles in the house to light up the millennium night? Is there enough kerosene in the stove to cook the millennium meal? Is a trailer somewhere handy to tow water to my house that I buy weekly

for five hundred and fifty?
Do I have for my ears
cotton wool to shut off the noise,
and a mask to wear on my face
to ward off the dust and fumes?

In that case I am okay and need not fear Y2K. I am immune to the bug, compliant and ready to face the new century.

Old man and the tree

I did not cry when he was gone for, they say, we should bid a happy farewell to those that lived a full life.

Yet when his body was laid on the pyre tears streamed down my eyes for he was my grandfather, and more, there was this long kinship with him, an abiding friendship, that had suddenly snapped.

One day I asked him about the tree in our backyard that was gaunt and bent with age. "Why don't we cut it down, grandpa, lest it fall down in a gust of wind or break with the force of a lightning?". "Wait my child", he replied, "for the tree gets old with me. Together have we journeyed thus far, together we go to the very end. When an old man dies in these climes his tree makes his pyre and hand in hand they travel to the life hereafter."

Alas! my grandpa died in exile but, the tree back home? Nobody knows who felled it down, nobody knows whose pyre it made.

(For Adarsh Ajit. This is a modification of his poem)

The curse

They say accursed is the valley and weeping tears of blood since we were forced to flee and thrown into the wilderness of exile

It hardly rains or snows there and when it does it rains red it snows black.

That mighty river of life, the Vitasta, now a foul gutter, her bosom laid bare and unable to hide the secrets of broken bones and crooked skeletons of her once daughters and sons.

The roaring mountain streams are a gurgle, the glaciers but specks of dirty white, the proud Aharabal fall a trickle.

The lake Dal, that jewel of the city of Srinagar, shrinks into a stinking pond, overtaken by the red weed that feed on innocent blood. The proud lotus gripped by its tentacles hangs its head in shame.

The bush, the vine and the tree all wither away slowly.
Black is the walnut shell, hollow its kernel,
Scab-stained the apple and the almond bitter.

The spring of Kheerbhavani changes colour - bright red to pitch black - one presaging blood-shed the other dark death.

The bulbul has lost his golden voice, the *koel* hides in fear, the parrot has flown far away, the *bombur* is lost somewhere looking for his *yamberzal*.

The sad October moon, rising gingerly behind the *Mahadev*, shines as before on the cold desolation of *Pampore*, waiting the whole night long for her tryst with the saffron.

The call of the muezzin drowns in the din of the grenade and the gun, religion sells a penny, curse sounds the sermon.

They also say
that they hear strange moans
from the deserted Pandit* homes
and the frightened neighbourhood dogs
bark the whole night long
at the eerie shadows
that flit across
the open windows and doors.

Koel - dove
Bombur- the bumblebee
Yamberzal - narcissus
Mahadev - Mt. Mahadev
Pampore - a small town 15 km from Srinagar
Pandit - Kashmiri Pandit , the minority Hindu of Kashmir, presently in exile

Summer in exile

The heat pervades and penetrates, plentiful humidity that saturates, the leaden air that suffocates the canopy of cloud that covers like a shroud, power breakdowns and water scarcity that make life one long misery, dust storms that blow every thing away, also memory.

The limbs refuse to carry, blank goes the mind, limp and prostrate the body, the lungs tired, the heart tardy. All desires take leave, except the wish to hibernate, to be silence's votary, to assume the crocodile posture, and to enter that death-like state, the *Shavasana* of the yogi.

Summer, like exile a leveler of humanity,
a fellow feeling
of suffering and agony,
a wringing of the sins
like the sweat that pours out
from every pore of the body.

Summer in exile a sublimation, a penance, a transcendence.

Even Siva got a bath

For a change the weekly trickle through the taps instead of the customary spluttering and gurgling progressed to a steady streaming and we watched, unbelieving, as we filled the empty buckets while the flow continued beyond the allotted forty-five minutes.

We opened the stopcocks to the tanks under ground as word went quickly around about this largesse, this welcome shower after the weekly spell of drought.

The tanks underground filled steadily and we switched on the pumps to lift the life fluid to the tanks overhead as we kept running up and down between the roof and the ground watching the levels go up and up, rising incredibly to the very brim!

As the windfall continued it was the turn of pots and pans and of clothes in waiting that needed a washing, of sprinkling and rubbing and mopping the floor, of toilet flushes to buzz and to roar, of watering the lawns, the flower beds, of washing the car, the path, the pets.

And then Siva too had a bath and the *Ganga** that had dried up in his locks came to life again.

Lamps were lit, incense burnt and the lord was anointed with vermilion and sandalwood paste to the singing of chants that hit the heavens.

It was a slaking experience, that seven hour bonanza, as the mystified beneficiaries kept guessing about this unique occurrence, this benefaction, this boon. It was a quirk of fate, some thought, that the turnkey man quite forgot to turn off the valve in the supply line, while others believed his palm was greased so the wrench kept slipping from his hands, and yet others, that he dozed off after a mighty booze, while Siva who so much fancied that bath, watching contentedly from his corner, chuckled at what was and what was not.

*Ganga - Ganges, a north Indian River, taking birth in the Himalayas and held by Lord Siva in His locks before it was released lest it flood the country.

Old Professor Shambu

Nothing seems to deter you old professor Shambu, neither your handicap that hardly allows you leg space and puts snails in your pace, nor the heavy rimmed glasses, nor the burden of the hearing aid; neither the dangling cord of the sundered phone line, nor the intercepted mail: neither the verbal tirade and innuendo, nor a box on the ear then and now: neither the canine existence with morsels kicked towards your kennel, nor the hunger insatiate, nor the little needs ever denied, nor the frightening solitude and the craving for some company, a bit of old bonhomie, a jug of wine, a glass of whiskey, or an idle pleasantry with a neighboring beauty.

Nothing seems to distress you, or dampen you spirits old Professor Shambu, for you seek the august company of immortals, sages and seers who dwell in your treasury and though decrepit and old in body you posses a youthful heart, a spirit lively and a spring-well of mental energy that leads you on to creativity.

With your sagacity of having conquered pain with penance you make light of the punishment heaped on an unfortunate father who chooses his son's abode as his lair and the final resting place.

When your beloved son finally chooses to tie you up and put you into a sac, ready to drown, pray narrate him another father's story who, while being carried by his son to drown on the river's east bank, pleads and prods him on to the west. "Why the west bank?" asks the son. "That is where, my dear son, I put my father to final rest, on that bank yonder, in the west".

Entombing history

Martand, Awantipura, Parihaspura-O, ancient monuments to the glory of the sun-god, Kashmir's legacy of a civilizational acme you withstood time's ravages, the sword of the savages, and the fanatic zeal of iconoclasts who tried to break your spirit but could just bruise your body.

Yet, when our country is free of foreign yoke and invasion, and wedded to a secular polity, she fails to stop your ignominy of being carried away, piece by piece, limb by limb, in the darkness of the night by her own progeny, the ravenously greedy, thieves of history.

Stealing their own past, dismantling their own heritage, they lay the foundations of their temporal residences of brick and concrete with your stolen parts and entomb them in ugly tin roofs. Their dwellings stand like crosses on these tombs of history.

The Bamiyan Buddhas in neighbouring Afghanistan escaped with a fairer deal in being crushed into rubble instantly with cannons spewing gunpowder. They attained nirvana and disappeared for ever from history, and, unlike you, not be desecrated and profaned perpetually.

Dear departed ancestor

Dear departed ancestor
you will have to bear with me,
today, on your anniversary,
as I offer you water
that has been stored for days together
and not fresh either from the tap,
the spring or the river.
For while the taps run dry
here in exile,
Vitasta* is only a memory
and, I hear,
the springs there in the valley have dried up,
and the lakes irrevocably overtaken by weeds.

Dear ancestor
I offer this oblation of water
on my bare palm
without the *sacred thread***hooked around my shoulder
that is such a nuisance to wear
in this hot and humid weather,
stinging and sticking to my neck
like a slave's rope and a hangman's noose.
I have put it away in a cupboard somewhere.

Dear loving ancestor as I offer water the recitation that goes with it has faded from my memory nor is there the priest to help me for their class fades even quicker than the rest of the exiled community as we lose, slowly but certainly, the very foundations of our heritage and the symbols of our identity.

Dear revered ancestor, I fear, you will have to share, some of the constraints of time and space, here in my exile with me for while I have myself been pushed into a corner your framed photographs and heirlooms that kept you alive in the drawing rooms will have to be tucked away for now.

Soon you will rest only in memory, and only as long as it does not fail me.

Dear ancestor
how rapidly you are being pushed
into a distant pedigree!
A generation has departed
in its prime in exile
and the new generation that grows
mingles and loses its identity
in cross matrimony.
Slowly your genes get diluted
to fade into obscurity.

Dear ancestor, exile throws us into a crisis of existence, as it blurs your identity and threatens mine. Alas! You stand to lose your status, as the dear ancestor, in the none-too-distant future!

^{*}Vitasta - a River cutting through the valley of Kashmir **Sacred thread - a ceremonial thread worn by Hindu Brahmins

Anonymity

With your vows, your meditation, your steadfast devotion, you have pleased me, my devotee. It is time to ask your boon.

Your piety earns you admiration, transforming you into a celebrity, an icon threatening to be a god, to compete with me.

There is always an obligation to a devotee who has passed the fire test of fidelity. Pray ask your boon, and let me be free

"I desire no boon, no benediction, my lord. except to be in your favor, in your eternal service to carry out your wish".

I grant your wish, my favored devotee and demand no more of your penance and piety, no sacrifice whatsoever, except to disappear into anonymity.

Creator

I created thee, my creator, that thou re-create me in thine own image - the image that I shaped thou in - materializing thee from the non-being into being, giving form to the formless, shaping thou into gods and deities with attributes divine, effecting thine resurrections revealing thy reincarnations, making thee the cause and the effect, the source, the sum and the substance, the be all and end all of existence..

And what dids't thou create in return, my lord, except a human to the core, far from thy own image, the image that I gave thee? All thou could shape is an aberration, an amalgam of opposites — of good and evil, of the base and the refined, of sin and piety, of turbulence and peace, of hatred and love of sorrow and joy.

Who is the better creator between me and thee, pray tell me my lord?

Release

Everyday, every waking and sleeping moment we seek release.

We seek release all the way from our conception through the sojourn in our mother's womb to this world, and from here to the hereafter.

We seek release from the busy tiring day to night's repose and back to wakefulness, from the bondage of responsibility that life forces upon us.

We seek release from prying neighbors and their perverse curiosities, from our indulgent friends and their small envies, from our relatives and their hypocrisies, from our bullying bosses and their egotistical mentalitiesfrom our cringing subordinates and their sychophancies, from our rivals and foes and their atrocities.

We seek release from the sloth of bureaucracies, from the tyranny of autocracies, from defiled democracies, from terrorizing theocracies.

We seek release from ourselves, from life's drab banalities, from our pricked consciences, and unresolved conflicts. We are born to seek release from the non-being before birth to the pain of being and we die to seek release to the uncertainties of the mysterious void beyond.

Who is my enemy?

Who is my enemy?

Is he the one who holds different views and beliefs, who dresses and eats differently, whose rituals differ from mine, who belongs to a separate faith, who prays a different god?

Or the one with whom there is known rivalry, an open hostility, the battle lines clearly drawn, each charting out strategy for a new confrontation, a new argument, a new weapon.

Or the one from within my ranks, from amongst my own tribe, of my own faith, a votary of the same god, wearing a friendly mask, on whom I shower my love, to whom I give my sweat and blood, who yet covets my position and my gold, who never confronts me openly but watching me fail or falter waits for the first opportunity to hurt and humiliate me, to feed his ego on my hurt pride, to stab me in the back, and kill me with a thousand cuts?

Or my uncle *Kansa**, who, having imprisoned my parents and killed my seven sisters, now schemes to destroy me?

Or Judas, my friend and companion, eating from my plate, ready to betray me, to see me crucified? Or *Harunakashypa***, my father, ever inventing new ways and means to put me to eternal sleep?

Or me, my other self of base desires, ever battling inside me with my vision of eternity?

^{*}Kansa - the tyrant uncle of Lord Krishna **Harunakashypa - Prince Prahlada's father who wanted his son killed for worshipping Lord Vishnu and not acknowledging his own father as god

Stranger

I have been seeking you, stranger, in parks, malls and restaurants, in trains, oceans and air.

There is much buried inside me, welling up to deliver, waiting for your virgin ear, and much I would like to hear.

There are people close, and so very dear parent and offspring, friend and partner and the kindly neighbor with whom I could share. But, for the sake of kinship, nurtured with such patient care I do not dare, for so much depends on every word we speak and hear, each intonation of the voice, each action, and the expressions we wear. And so much is at stake, so much of give and take, an arithmetic so delicate, that there is this lurking fear, of judging and being judged of hurting and getting hurt.

So we shuttle our words, inflect our voice, sham our actions, and force expressions, or wear a mask and go into a shell.

Have not the most sacred vows ended in a bitter divorce, bosom friends turned into sworn enemies, and loving brothers into strangers, for reasons so trivial a rash remark, an unwary gesture? Between you and me, dear stranger, there is this unique factor of not knowing each other, of standing on an equal footing with no prejudice or bias, no binding commitments, no expectations, nothing to hide and nothing to fear, no contract whatsoever.

And free to exchange our thoughts without fear or favor, to share our little urges without the dread of ridicule, to relate our dreams and premonitions with no fear of misinterpretations.

Stranger, let us turn our hearts over, let us share this treasure buried inside here, let us seek deliverance in each other, and then part our ways to move on, to look for another stranger.

Golden silence

When words fail the sentiments and succeed in whipping up arguments, when words become double entendres giving rise to faulty notions, when words ruffle relationships to cause fractured friendships, when words reinforce mindsets to forge widening chasms, when words hurt and humiliate and demean, debase and denigrate; silence, golden silence, you step in to the rescue, as Shiva-like* you swallow the poison of words, to absorb the insults and outbursts to sooth the nerves, and still the tempers, to change attitudes, and inspire deference, to heal the wounds and thaw the frozen relationships, to recreate the vocabulary of words that endear.

*Shiva-like - To save mankind from doom, Lord Shiva swallowed the poison that was churned from the mythical ocean.

----- End -----